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December '23 / January '24

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# Willenhall

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#### Dear Reader,

Welcome to the December/January issue of Willenhall Life.

I've just watched Channel 4's Stand Up To Cancer programme featuring comedian Rhod Gilbert's experience from when he was diagnosed with head and neck cancer.

This brought back a lot of memories for me and those who know me or who regularly read this magazine, will know that I had my own battle with that awful disease, back in 2016.

The key to my survival was catching it early. As soon as I had symptoms (blood coming from somewhere it shouldn't) I went to the doctors. Despite not being dealt with properly on my first visit, I went back and asked them to have another look. After a scan revealed the problem (a tumour in my bowel) things moved very quickly with major surgery and six months of chemotherapy.

That may sound pretty unpleasant, even scary and I won't pretend it was a walk in the park, but it means I'm here to retell the tale.

I won't start complaining that we don't do enough screening early enough – but we don't – not just for bowel cancer, but for those that are harder to detect.

I know others haven't been as lucky as me, having types of cancer that don't show themselves until it's too late.

Why am I telling you this? Well, I know how much it would have affected my family and friends, if it had have worked out differently. I've enjoyed seven birthdays and Christmases, as well as a few holidays and family gatherings, since I was first diagnosed.

So, if you have any symptoms or concerns, ring the doctors and make an appointment, Just tell them Simon from the magazine told you to do it! If this column keeps one person alive, then it was worth doing.

I hope you enjoy and appreciate this magazine. I couldn't do it without the invaluable support of our advertisers. Please have a look at their adverts and if you do purchase anything from them, PLEASE TELL THEM YOU SAW THE ADVERT IN WILLENHALL LIFE!

The next issue will cover February and March and will be out on 26th January so if you want to be in it, please contact me by 5th January.

Wishing all of my readers a happy Christmas and a healthy and prosperous New Year!

Simon

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### Falklands Pilgrimage

Quite a few readers will have visited the trenches of World War I, or battlefields like The Somme. You may have walked around the huge cemeteries in Northern France or walked along the beaches of the D-Day landings. However, I bet very few have ventured as far as the South Atlantic, to visit the graves and memorials of the Falkland War in 1982.

One local businessman and self-styled Military Historian, Lyndon Whitehouse, has done just that. Lyndon, who is The Owner of L&A Lettings in Ashmore Park, has been fascinated by the battles fought by our brave soldiers, going back to and beyond, the Great War.

He's Visited many of the places mentioned above in Belgium and France, and has also visited Gallipoli in Turkey to see the site where hundreds of British soldiers fell during WWI.

More recently, he's become aware of two local servicemen and their stories from this area; Adrian Anslow, from Ashmore Park and Mark Dodsworth from Walsall who made the ultimate sacrifice, just over 40 years ago.

He actually visited Adrian's Mother, Rose who, he says, is a sprightly 86-year-old and lives with her husband, Alf in Compton, Wolverhampton. Rose asked Lyndon to deliver a personal letter to the memorial to The Atlantic Conveyor, the ship he was on when he was lost at sea.

Lyndon set off for the Falklands, in order to arrive in time for Remembrance Sunday. He flew to Miami, changed planes and carried on to Santiago, Chile, spending the night there, then



over to Mount Pleasant Airport near Port Stanley.

Before he travelled, he attended an event organised by 'Short Heath Lest We Forget', this local charity raised over £7,000 for Falklands Veterans, many of whom suffer from PTSD and other debilitating health



issues attributed to their experiences of the conflict. They raised this by organising a sponsored walk last year (40th Anniversary) and the cheque was presented at the event in September this year. This event was attended by some veterans who asked Lyndon to place crosses on the islands in remembrance of their colleagues who lost their lives there. A wreath was also presented to Lyndon from 'Lest We Forget', which he laid at the Cenotaph at Port Stanley on remembrance Sunday.

While he was there, Lyndon was given a guided tour of the islands by Falkland Islander and Military expert, Tony Smith, who showed him the various battle sites and memorials to the servicemen and women from both sides of the conflict.

Lyndon said, "This is a trip that I've always wanted to do, however it's a long way but I finally did it! As I told the veterans, I did it for two reasons:

- 1. The least important reason to satisfy my immense interest in what happened!
- The most meaningful reason, to pay my respects to the fallen 255 British Servicemen who lost their lives there. Not forgetting the surviving personal who are suffering with the aftermath of war and also the three civilian Falkland Islanders who lost their lives together with the 649 Argentinian young lads who also perished.

Laying a wreath was a very important part of the trip, however, the privilege and honour that I felt by taking a letter to the memorial on behalf of the Anslow family was beyond words".

# MERRY CHRISTMAS AND HAPPY NEW YEAR



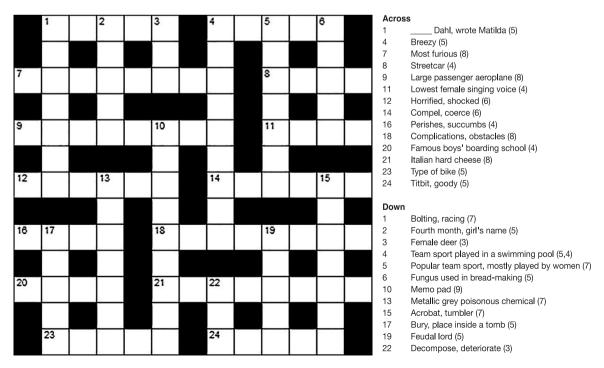
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PLEASE DRINK RESPONSIBLY THIS FESTIVE SEASON



### Crossword

#### Please see answers on page 47





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#### Willenhall Based Will Writer Jim Stanistreet, From BensonWilliams, Discusses a Recent Case and Testamentary Capacity



To make a valid Will you must have "testamentary capacity", in other words the necessary mental ability to make a Will. The way testamentary capacity is assessed dates back to a case from 1870 and the criteria which have to be met can throw up some interesting scenarios. The case of Key v Key from 2010 is a recent example of this.

George Key, a farmer, died in 2008 at the age of ninety. Sybil, his wife of sixty five years, had died in 2006. George had made a Will in 2001 but made a new Will one week after Sybil's death.

At face value this new Will seemed very air and logical. George had two sons and two daughters. The sons had always worked in the family business and had received gifts during George's life valued at £300,000 each. The new Will now made gifts of £300,000 to his two daughters, with the

remainder then going into equal shares between all four children, thus establishing equality between all of them. However the sons, who had been the majority beneficiaries of the previous Will, now challenged the new Will and a number of issues came to light.

Firstly, whilst there was no immediate concern around George's faculties as such, it was decided that he had made the new Will too soon after his wife's death whilst still grieving, and that the mental and emotional impact of this affected his ability to think rationally and clearly.

Secondly a conversation George had had with one of his sons suggested that he did know that he had signed a legal document but did not understand why he had been asked to sign it and what it was for.

Thirdly it became apparent that Mary, the one daughter, had been the instigator of the new Will and had unduly influenced proceedings.

Finally the solicitor who prepared the Will was found to be negligent in that he had kept virtually no attendance notes of his meetings with George and, in the light of George's age and immediate circumstances, had failed to acquire any medical evidence to prove George's capacity.

When all of these factors were put together it was decided that George did not have testamentary capacity and the Will failed. This case highlights a number of areas where, even when things seem very straight forward at first glance, a Will can very easily fail on lack of capacity.

For more information you can call 07789 520910 or email info@bensonwilliams.co.uk.









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# **News In Brief**

#### **Pool Hayes Primary School**



Pool Hayes Primary's RotaKids work with Willenhall Rotary Club to focus on community initiatives and raise money for different charitable causes. Jim Green from Rotary comes in once a fortnight, we have an elected President, Vice President, Treasurer and Secretary and the meetings follow a formal structure, which is a great learning experience in itself

The pupils involved are from Years 5 and 6. Over last academic year they raised over  $\mathfrak{L}^2,500$  for charities including the Poppy Appeal and to cover the purchase of playground equipment for school. Our largest single donation was  $\mathfrak{L}^1,103.30$  to Promise Dreams, the Wolverhampton based charity that grants wishes to children with terminal or life limiting conditions.

They have sold poppies and other Royal British Legion items in school, made and sold friendship bracelets, organised and run a



pre-loved toy stall at our Christmas Fayre and their most successful event was a sponsored walk around the school grounds in June, which every child in school took part in.

The other activity, that our Year 3 and 4 pupils are involved in, is our Harvest Festival. Parents have donated food items that will then be passed on to H2HU in Willenhall, for their food bank.

Louise Snape Pool Hayes Primary School

#### Portobello Community (Methodist) Church New Street, WV13 3TD



Coffee Mornings on Saturdays December 16, January 13, 27 10.00 a.m.-12.00p.m. Hot and Cold Drinks, Cakes and Toasted Teacakes on sale.

Carol Service, Sunday December 17th at 10.30 a.m.

Community Carol Service on Wednesday, December 20th at 6.30 p.m.

Christmas Eve Service of Holy Communion on Sunday, December 24th at 11.30 p.m.

Friendship Club Wednesdays December 6, January 3,17,31 2.00-4.00 p.m.

Boys' Brigade/Girls' Association is a uniformed organisation which meets on Wednesdays from 6.00 p.m. in term time. Children of school age most welcome.

Hall available for hire for children's parties, etc. Call **01902 654650** for details/bookings.



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# Willenhall Memorial Park - 100 Years Anniversary

Friends of Willenhall Memorial Park celebrated the 100 year anniversary of the park with support from a number of groups.

The Stories of the Trees project, funded by Creative Black Country and presented by Friends of the Park gave local schools children opportunity to write poetry with the inspirational and very local Poets, Prattlers and Pandemonialists and then have lines incorporated onto their own tree decorations which they made with the artists Ron and Julie of Planet Art which were displayed under the iconic willow tree on the day.

The crowd source poem was written from comments taken from the gathered crowd on the day and has beautifully captured the esteem the community hold for this park.

Julie inspired the art installation on the rose arbor which was testimony to the labourers and pioneering local men who established the park and housing you see today. The vests were made and embroidered by ladies from the Monday morning drop - in group who meet at the pavilion. The white knitted poppies came from the same industrious source.





Alan and Jude from Aldridge Shed constructed and painted the selfie boards depicting local MP George Thorne and the 1920s children. There will be other chances to see them during the summer.

We welcomed the long awaited Cosford Military Wives Choir to a soggy bandstand but their uplifting singing brought out the sunshine in the end.

Thanks go to other exhibitors Willenhall History Society, Willenhall Library Knitters,

Wendy from The Bell who displayed the Willenhall collages and rag rugs.

Janet from North Cheshire Spinners and Weavers, Jeff and Coltham Gallery who displayed park photographs old and new and took many lovely memorable photographs on the day.

Last but not least the Friends of the Park volunteers who kept us fed and watered and worked round the temperamental weather to make sure the event took place.

### What Willenhall Memorial Park is to Us

A poem created by 'Poets, Prattlers, and Pandemonialists' at the celebration event organised by Friends of the Park to recognize 100 years since the park was officially opened with lines given by people who came along to the park on Sunday 16th July 2023

#### lt's

a traditional bandstand, a focal point, memories of the reach-up tower.

It's sheltering under beech trees to escape a summer shower.

#### It is...

a place to bring the dog along, a space for a singalong.

#### It is...

our childhood playground.

It's climbing trees with brothers, it's Boxing Day footie in the snow. It's a lovely afternoon. It's a great place to go.

#### It is...

walking groups where there's companionship to be had.

#### It is...

sculptures of soldiers, and of keys unlocking reminders of dad.

It's a place to let loose.

It's a place to roam.
It's a place to feel at home

It's a gingham picnic blanket. It's Grace splashing water. It's an excitable spaniel. It's a place to bring your daughter (whether she's four or forty three).

#### It is...

a place for reflection. a place of remembrance and of sacrifice.

It's a place that's kept so nice.

#### It is...

a wedding photo, Here's me, there's the wife. It's orange bridesmaids' dresses It's top hat and tails.

It's a place that never fails to impress.

It's ever changing throughout the seasons.

It's a paradise for workers, it's a friendship hub.
It's the circle of life.

#### It is...

wonderful memories of walkies with Daisv

or Dolly or Ted.

#### It is...

a place of routine and stability familiar faces wagging tails.

#### It is...

a green oasis.

#### It is...

great times and good laughs. It's John Pringle's first job just left school, mowing grass.

It's George's roses, Eunice's sunken garden. A place that's worthy of a photograph.

#### It is.

a place to bring jam butties, a place to fall into pools, a place to dry off in the woods.

It's a 99 from Alfonso. And it's a livelihood.

#### t is...

memories of the monkey house, of walking with your nan.

#### t is

where military wives sing.

It's an image of a sister going over the bar on the swings.

It's counting the trees on the avenue.
It's first footprints in fresh snow.

It's a sleepover with the guides. It's night walks and hooting. It's good for our mental health. It's tranquil – relaxing.

It's welcoming to strangers. It's a lockdown relief.

#### It is...

a hundred years of community.

It's coming together,

and it's legacy.

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#### Tips to stay healthy this Winter

Many people struggle to stay healthy during the Winter. The colder, darker and shorter days can make it difficult to keep motivated, so I'd thought I'd share five tips to help you.

#### Stay warm

Getting too cold can put a real strain on the body and so anything you can do to keep warm is going to reduce the chances of you getting ill.

Heating our homes is more expensive than ever due to the hikes in energy prices over the last few years so we need to think about other ways to stay warm.

- Be sure to wear plenty of layers of clothes as the air gets trapped between the layers and warms up to help insulate you.
- Check with your local council to see if you're eligible for any grants to help improve the energy efficiency of your home.
- Get a good warm pair of slippers and wear socks with them.
- 4. Get an electric blanket or hot water bottle to heat your bed before you get in.
- Make sure you change your duvet and blankets to winter ones and that your pyjamas are warm.
- 6. Drink hot drinks to help keep you warm.
- Put a draught excluder in front of the front door, and pull the curtains before it gets dark to keep the heat in.

#### Make healthy winter meals

It is possible to prepare healthy home-cooked food that won't cost the earth in term of ingredients or the energy required to cook them.

- Think about investing in an air fryer or a slow cooker as these can work out a lot cheaper to run than a standard oven.
- Look for slow cooker recipes (there are loads available online) which retain all of the nutrients of the food and are a great way to

make tasty home cooked stews, casseroles, curries and most other dishes for the whole family.

Freeze any leftovers so that nothing goes to waste.

#### Keep on moving

Whilst the Winter can make us feel tired and sluggish it's important to make some movement part of your daily routine.

- If you enjoy walking then grab yourself some waterproofs so you can keep walking through the winter weather.
- If you'd like to get more active but don't want to do it alone then Active Black Country have a database of activities throughout the Black Country at https://blackcountrymoving. activityfinder.net/
- Any movement is better than sitting still for long stretches of time so if you don't like sport or structured exercise then cleaning, gardening, dancing, hula-hoping, yoga and Pilates all count.



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# **Hope into Action**

Hope into Action Black Country Areas (HIABCA) is a charity (reg: 1202215) incorporated in 2023 as a Community Interest Organisation (CIO) that provides supported accommodation for the homeless population in Walsall, Sandwell, Wolverhampton and Dudley. Our operations in the Black Country area were previously under the national Hope into Action UK organisation until April 1st 2023, which was when HIABCA was created. The charity focuses on supporting homeless individuals, including ex-offenders, victims of modern-day slavery, refugees, and asylum seekers, to improve their circumstances and transition to independent living.

HIABCA is at the forefront of addressing the pressing challenges of homelessness which our communities face every day. The cost-of-living crisis has dramatically increased the difficulties faced by many of the individuals we serve. As the cost of essentials soar, the demand for our services has also surged significantly. Homelessness is an acute consequence of these economic hardships and has impacted many in the communities in which we live and serve. The number of individuals seeking our assistance has risen markedly, underscoring the need for direct intervention, in the provision of supported accommodation services for the homeless and those at risk of homelessness. We offer a holistic support system that empowers individuals to increase their confidence and regain a



place in society that values their contribution and increases their wellbeing.

Our Empowerment Workers have guided tenants towards gaining employment, accessing training, and securing financial housing support as well as supporting individuals to secure and maintain affordable accommodation.



By offering supported accommodation, this instils a foundation for stability and growth, facilitating the restoration of dignity and purpose in the lives of those we serve. Through tailored interventions, we have witnessed individuals breaking free from the cycle of homelessness, building better family relationships, and contributing positively to society. Beyond individual transformation, our work enriches the community as a whole, alleviating the strain on local resources and promoting social cohesion.

We adopt a holistic approach that leverages partnerships with four local churches and community organizations. These alliances generate a robust support network with shared resources, volunteer efforts, and expertise. By engaging with the community, we continue to support those who are actively engaged in the use of our services and those at risk of homelessness. Additionally, we support our service users to build their capacity for resilience and an eventual transition towards alternative accommodation when their residence with us is nearing its end.

Through established partnerships, an understanding of service gaps, and a commitment to supporting the most vulnerable, we amplify the effectiveness of our community's efforts to work towards reducing homelessness.

If you want to know more or visit our offices, please contact Merylen Pearce, Director.

#### **Hope Into Action Black Country Areas:**

- merylen.pearce@hopeintoaction.org
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# WILLENHALL LEISURE & COMMUNITY & ACT



Willenhall Leisure & Community aims to increase opportunities for the whole community to develop their learning, health, well-being and enjoyment. This is achieved through the organisation of adult learning courses, linking with local clubs/charities and hiring our facilities at evenings and weekends. Our success is based on our ability to create positive relationships with local people, allowing us to really be 'the centre of our community'.

- 5.00pm-10.00pm (Monday to Friday) / 9.00am-4.00pm (Saturday & Sunday)
- **U** 01902 365 135
- Community.Walsall@E-ACT.org.uk
- Willenhall E-ACT Academy, Furzebank Way, Willenhall, WV12 4BD
- G E-ACT Leisure & Community Walsall
- Community\_wha



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Children's Parties: Running out of ideas on what to do for your child's party, then stress no more! We have a range of party packages available at cheap, affordable prices.



Partnership clubs/organisations: We strive to be at the centre of our community and can only achieve this through community partnerships.

Below are our current partnerships:

- No.1 Swim School
- Platinum Gymnastics
- Bowern Swim School
- · Seishin Shuko-kai Karate Club
- · First In Last Out Swim School
- Satori Martial Arts
- · Bilston Swimming Club
- Wednesbury Hockey Club
- · LRM Dance & Performance
- · Bloxwich Hockey Club
- · Cresswell Wanderers FC
- · The Playscheme
- · Walsall Junior League Football
- · Leagues4You Netball
- · Citizens Advice
- · Walsall Wizards Basketball
- · Electric Model Car Club
- · Active Black Country





Holiday Activities: Willenhall Leisure & Community works in partnership with The Playscheme to provide affordable activities during the holiday periods. Activities include a variety of sports, multi skills and arts & crafts. Please see

www.theplayscheme.co.uk for more details.



#### SCHOOL CHRONICLES: THRILLS, TRIBUTE, AND TRIUMPHS

As the new academic year unfurled its wings, our school brimmed with anticipation and promise. Welcoming the dawn of this fresh term, we launched a series of engaging and memorable events, setting the tone for an exciting and vibrant year ahead.

#### FRIGHT NIGHT 2023



The annual Fright Night Event, themed around a spine-chilling Zombie Apocalypse, proved to be a colossal success. Transforming our school into an exhilarating and frightful realm, students eagerly engaged with the

hair-raising scare maze, navigating through eerie corridors teeming with ghoulish surprises. From blood-curdling encounters to heartpounding moments.

The disco only added to the adrenaline-

charged atmosphere, creating an unforgettable experience that quickly became a favourite among the student body. This spine-tingling event



not only provided an escape from the ordinary but also unified the school community in a collective thrill of spine-tingling excitement and fun, marking it as a huge success.

#### HONOURING HEROES: 4 LEGACY REMEMBERED

The Remembrance Service, an annual cornerstone in our school's ethos, becomes a poignant tribute each year as the school community gathers in solemn reflection. This deeply revered occasion serves as a living testament to the courage and sacrifice of our country's heroes. Through emotive speeches, poignant musical renditions, and the dignified

laying of wreaths, the service not only pays

homage but also offers an invaluable educational moment for students. It acts as a bridge between generations, connecting the youth with the profound significance of sacrifices made for our freedoms.



This ceremony stands not merely as a historical tribute but as a poignant reminder of the values these heroes embodied - values of courage, selflessness, and unity. It is a solemn yet empowering experience, instilling in the hearts of students a deep appreciation for the sacrifices made in the past to secure the peace and liberties we cherish today. The legacy of these heroes lives on through our collective memory, ensuring their bravery and dedication continue to inspire and guide us.

#### REDEFINING VICTORY: GIRLS FOOTBALL TOURNAMENT TRIUMPH

In the inaugural Girls Football Tournament, our team clinched an impressive fourth place overall in the borough, showcasing not only their sportsmanship and skill but also the growth and dedication of our girls' sports programs. This ground-breaking event celebrated athleticism and emphasized inclusivity and empowerment, setting a precedent for future sporting events.





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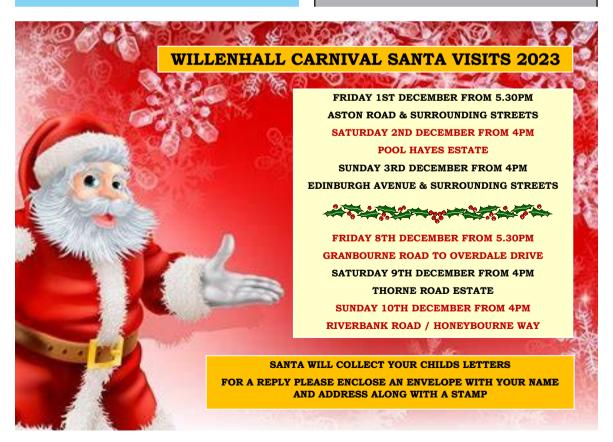




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## Local Club, Walsall Artistic Swimming Club is Looking for New Members



Can you imagine running up to 5 minutes, while performing acrobatics, holding your breath, looking graceful and having to keep time with music? This is artistic swimming, previously known as synchronised swimming. Walsall Artistic Swimming Club celebrated its 50th anniversary in 2022 and are now looking for new members from the local area.



The club has had many successes over its 50 years, competing regionally and nationally as well as supporting swimmers at the elite level of the sport. Recently the club's top swimmer, Robyn Swatman finished 7th in the European Junior Championships. Robyn swims with the Great Britain Squad and is hoping to compete at the Paris Olympics in 2024.

The club has 70 members aged between 5 and 35. It takes a long time to reach your full potential as an artistic swimmer and most successful swimmers start from the ages of 6 to 10, however we welcome beginners of any age. A background in dance, gymnastics and swimming can give you





a great head start but is not necessary. Artistic routines are essentially athletic movements performed in water, and choreographed to music. It's an incredibly strenuous and skilful sport. Synchro swimmers need strength to perform twists and lifts whilst holding their breath under water and they also need rhythm and flair to synchronise and interpret the music which they listen to through underwater speakers.



The club also has a successful competitive adult squad known as 'Masters', who recently won 3 gold medals and 1 bronze medal at the National Championships.

I would like to invite swimmers from the age of 5 upwards, who can swim one length of the pool and

who are comfortable in deep water, to attend a free taster course. The course consists of three free sessions on Wednesday evenings at 6pm or Saturday mornings at 10:30am, both at Walsall Gala Swimming and Fitness Centre. Depending on age and experience the swimmers would then be invited to join the club.

For further information, you can contact the Head Coach via email:

headcoach@walsallartisticsc.co.uk

You can also find us on Facebook and Instagram.

#### **Years and Years**

Ahead of the 30th year of his annual hosting duties on BBC Television show *Jools' Annual Hootenanny*, Jools Holland talks about his music career past and present.

Jools Holland is a name synonymous with British music culture. Known best for his electrifying New Year's extravaganza, Jools' Annual Hootenanny, and the long-running show Later... With Jools Holland, he has for years given audiences a glimpse into the soul of music.

His story is one of evolution, starting with the iconic new wave band Squeeze, where his keyboard prowess played an integral role in tracks like Cool for Cats.

"Squeeze was where it all began," Holland says, leaning back with a distant look, as if the memories from those days were playing like a movie before him.

He continues: "It was during those early years, amidst the highs and lows, the ecstatic performances and the creative disagreements, that I truly grasped the essence of collaboration.

"Every band member brought something unique to the table, and when those individualities converged, they created something magical. It's like when you speak a language fluently... You no longer think about the words or the grammar – it just flows."

It was this philosophy that made him a natural choice for the BBC, as they sought to capture the ebb and flow of the music world on screen. Later With Jools Holland was not just a show; it was a revelation.



"The BBC and I shared a vision," he explains.

"We wanted to create a space where artists, whether established or emerging, could be themselves. Music was the language, and the show was our stage."

Hootenanny is not merely a show; it's a tradition. As Big Ben chimes towards midnight on New Year's Eve, families across the UK tune in, waiting for the magic Jools promises.

"The Hootenanny experience is a culmination, a tribute to a year in music and a warm welcome to the one ahead," gushes Holland.

Its success is no surprise. The show's blend of eclectic performances, surprise guests, and Jools' unique charisma is irresistible. Which is why many plan their New Year's Eve parties around the show.

"It's heart-warming to see young and old dance to the same tune. That's the beauty of Hootenanny. It reminds us of the power of

reminds us of the power of unity and celebration."

But for Jools, the stage isn't just restricted to the television screen. His love for live performances is evident in his recent 30-date UK tour. Covering most of the British Isles, including Scotland, Yorkshire, the Midlands, North West, South East, the South Coast and two dates in London, this is Jools' way of personally connecting with his audience.

"Each city has its own rhythm, its own story," he notes. "This tour is my ode to the diverse tapestry of British music culture."



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# **Eddie Hughes MP**

#### An update from your Member of Parliament

We've had a great start to the colder months with plenty to do to celebrate Halloween and bonfire night – including Short Heath Lest We Forget's fantastic firework display at Willenhall E-ACT Academy.



I know residents across Willenhall have been worried about the future of the Willenhall Railway Station following the previous contractor going into administration.

So I was delighted when Kier was announced as the new contractor for this project. It was great to be back on the site with Jane Stevenson MP and the Mayor of the West Midlands to find out about how the site is progressing. Things are certainly back on track with the project being a priority for Transport for West Midlands. New materials have arrived and you can now expect to see more changes and work onsite. Securing funding for the Willenhall Railway Station is one of my proudest achievements since being elected in 2017 and I'm looking forward to keeping you updated as the project progresses.

As always, to mark Remembrance Sunday, I paid my respects to the memorials across Willenhall and was joined by local councillors in Short Heath and Willenhall North. There have been some beautiful displays from our churches, businesses, and residents, and its great to see



Willenhall commemorating local heroes. At this time of year, it is an important reminder to reflect on the lives lost of those who paid the ultimate sacrifice for our freedoms.

Last month, I joined Pool Hayes Academy for their Coffee Afternoon to raise funds for Macmillan Cancer Support. There was plenty on at the Academy including a raffle and an array of tea, coffee and cakes. It's always great to catch up with principal Andrew Lawrence and listen to some brilliant live performances from students. There was even more exciting news as the Frank F Harrison Community Association has been awarded £340,039 from the National Lottery Community Fund which will go to the Hive Hub on New Invention to continue supporting families across Willenhall. They also have plans for a new project to continue their work and activities for voung people in the area. I'm looking forward to finding out more about their plans.



Lock Stock is always a highlight in the Willenhall calendar and preparations are already in progress for next year. Organiser, Nigel Dutton, has arranged a Business Sponsors Breakfast for Thursday 7th December. If you are a local business owner or know a local business that would like to sponsor Lock Stock 2024, please get in touch with my office and I will forward details to you.

There is plenty to look forward to over the festive period which is by far my favourite time of year! Willenhall is already looking festive with Christmas lights up and events planned. I hope to catch you at one of the Christmas events across the town – if I don't see you, I'd like to wish you a Merry Christmas and best wishes for the new year.



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# News From the Rotary Club of Willenhall



Members of the Rotary Club have been busy raising money for local Willenhall charities this Autumn.

On Saturday, October 21, a concert was organised by Reverend Ros Wilshire, vicar of St. Stephen's Church in Wolverhampton Street, Willenhall.

Ros is an active member of the Willenhall Rotary Club and the concert, in aid of the club's charity funds and was held in the church hall at 7 p.m.

The Willenhall Singers choir, under the dynamic direction of the Musical Director, Justine Clarke, were in fine voice throughout and a very enjoyable evening was had by all who attended. The money raised will be donated to food banks and other charities in the town.

Over the weekend of October 28 and 29 Rotary Club members were involved in Halloween activities first of all on Saturday 28th at the Morrison's Superstore in Willenhall and the following day at the Tesco Store in Owen Road. Again, proceeds from the collections will go to local worthy causes in Willenhall.

Between Thursday, October 26 and Wednesday, November 8 members of the

Rotary Club will be manning the stall in Morrison's Superstore which will be selling poppies and numerous other items in support of the annual British Legion appeal.

Club members have assisted with this appeal for a good number of years now and it is hugely supported by members of the Willenhall community and others from further afield who shop at Morrisons.

Michael Entecott, this year's Rotary Club President, says, "We are very grateful, once again, to the staff at Morrison's and also, this year, to the Tesco Store, for allowing us to use the facilities at their premises without which much of our ability to fundraise in the town would not be possible."



## **Rotary Club of Willenhall**

# Christmas Sleigh Collections

#### **Monday 4th December**

#### **New Invention and Coppice Farm**

Cafe Roux incl (Coppice chippy and Aldi) 5pm
Reedly Road 5.30pm
Kewstoke Road/Radstock Road 5.45pm
Dorchester Road 6pm
Milestone Way 6.15pm
Nightingale Crescent 6.30pm
Essington Road (towards New Invention Island)
6.45pm
New Invention Square From 7.00pm Static

#### Wednesday 6th December

#### **Broadway Estate and Jolly Collier**

Howe Crescent 5pm
Harlech Road Jct (Coppice Lane 5.30pm)
Barmouth Close 5.45pm
Harlech Road 5.50pm
Sandringham Ave 5.30pm
Balmoral Drive 6pm
Buckingham Drive 6.10pm
Nottingham Drive Shops 6.15pm (Static)
Conway Crescent 6.40pm
Arundel Road 6.45pm
Jolly Collier 7.00pm

#### Friday 8th December

#### **Short Heath and the Hungry Horse**

Hungry Horse Pub (Wton Road) Static from 5pm Honeybourne Way 6pm
Stroud Ave including junctions 6.20pm
Redsand Close 6.30pm
Durlsey Close 6.35pm
Aberford/Alvingdon/Bewley 6.35pm
Darvel Road (Junction of Furzebank Way) 6.40pm
Furzebank Way including junctions of:
Minerva Close 6.45pm
Pineneedle Croft 7.00pm
Heather Grove 7.10pm
Wayside Gardens 7.20pm
Treetops Drive 7.30pm
Longwood Rise 7.40pm

#### **Monday 11th December**

#### New Invention/Poets Estate/Homestead Pub

(Please go to your nearest Junction)
Homestead pub 5pm
Hilton Road 6.00pm

Jones Road 6.10pm Moore Road 6.15pm Davis Road 6.20pm Heath Road 6.30pm Keats Road 6.40pm Tennyson Road 6.50pm Woodside Way 7.00pm Linden Lane 7.10pm Hunts Lane 7.20pm Church Road 7.30pm

Walkers Fold 7.40pm Coltham Road 7.45pm Duke of Cambridge Coltham Road from 7.45pm

#### Wednesday 13th December

#### Essington, Shareshill and Penkridge

Penkridge Nursery 4.30pm Essington Scouts and Guides 5.30pm to 6.30pm Willenhall RUFC 7pm Milestone Pub Essington Road

#### **Thursday 14th December**

#### Willenhall

Fisher Street 5pm
Birmingham Street Inc. junctions of: Brunslow Close 5.10pm
Hodson Ave 5.15pm
Lister Street 5.30pm
Gipsy Lane (from Bilston Lane to Walsall Street)
5.45pm
St Giles Road 5.5pm
Parkes Street 6pm
Tyler Road 6.15pm (Run past the County on way)
Broadway Pub Lichfield Road Willenhall from
6.35pm

Bell Inn Willenhall Christmas Market 2nd December 10am to 3pm

Willenhall Carnival, Willenhall Park 10th December 12pm to 4pm

Tesco Rough Hay Saturday 16th December 10am to 3pm

Morrisons Willenhall Saturday 23rd December 10am to 3pm

All routes are subject to change due to adverse weather conditions. All times are estimate. We will endeavour to try and keep to these times.

# Weird England Christmas crackers



#### Every country has its own unique Christmas traditions - here are some that are most peculiar to the English...

#### Christmas pudding

This fruity dessert started out life in the 14th century as a savoury pudding of mutton, beef, spices, dried fruit and wine called frumenty, only morphing into the meat-free dish we enjoy today in the Victorian era. It has traditions of its own, too. It's probably the only pudding we'd dream of dousing in brandy and setting fire to - a practice which was said to represent the burning Passion of Christ, with the holly garnish on top representing the crown of thorns. And then there's the addition of the "lucky" sixpence (now usually a five-pence piece) - although it does carry the risk of a less-than-lucky cracked tooth for the finder!

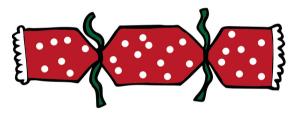


#### **Boxing clever**

The origins of Boxing Day date back several hundred vears to a time when wealthy families would give their servants a rare day off on December 26th to spend with their families, sending them home with a Christmas gift box containing gifts, money and food. It was also traditionally the day when money collected throughout the year by churchgoers in an alms box would be distributed to the poor of the parish.

#### Going crackers for crackers

While they're now popular the world over, Christmas crackers were invented in the mid-19th century by a London confectioner called Tom Smith. His first attempt was more or less a straight copy of French festive bon bons - sugared almonds wrapped in a twist of coloured paper, inside which would be hidden a motto or riddle - and they were met with indifference. Then one night, sitting in front of a log fire and observing it spit and spark, he was inspired to add a crackle, and his Bangs of Expectation were born - although they quickly became known as Christmas crackers



#### Play your cards right

It was in 1843 that Sir Henry Cole, founder of the V&A museum in London, sent the world's first Christmas card. Too busy to send detailed personal messages at Christmas, he asked his friend, the artist John Calcott Horsley, to design him a card printed with a festive greeting, which he could send out instead. By the 1860s, the idea had really caught on, and around a billion cards are sent in the UK alone every year.

#### Who ate all the pies?

Like Christmas puddings, mince pies used to be filled with meat, typically mutton, and spiced with cinnamon, cloves and nutmeg - said to be symbolic of the gifts given by the three wise men to the baby Jesus. They were also originally oval-shaped, to echo the crib, with the pastry top representing the swaddling cloth. And did you know that, according to one tradition, eating a mince pie on each of the 12 days of Christmas will bring you health and happiness for the following year?

About the author: Gill Mullins is a freelance writer and journalist at www.superhappycontent.com

### Top 10 Nutritious Christmas Foods!

The notion of Christmas food and the word healthy might not immediately spring to mind as going hand in hand. But it turns out a lot of what we enjoy is good for us!

The festive season is often a time of excess. We all eat too much, and what we do eat might not seem too healthy. But it is Christmas so who cares! But, upon closer inspection a lot of what we eat over the holidays is actually good for us. Here are my top ten nutritious Christmas foods.

- 1) BRUSSEL SPROUTS Love them or hate them, Brussel sprouts are so good for us. They are full of Vitamin C for starters. And they provide fibre to keep our gut healthy. They are part of our five a day too! Why not zing them up with some garlic, chilli and lemon juice.
- **2) CRANBERRY SAUCE** Bursting with antioxidants, cranberry sauce is the perfect liver-enhancing Christmas food to help you recover from that Christmas party hangover. Just remember to choose the low sugar option.
- **3) CHESTNUTS** They don't have to be 'roasting on an open fire' to enjoy. Chestnuts are jam packed with heart and skin-boosting fats and because they contain beta-carotene they are a fertility superfood!
- **4) TURKEY** This white meat is almost pure protein and a great way of obtaining your protein intake without the fat.
- **5) NUT ROAST** You would be 'nuts' to miss out on this veggie favourite. It is great for your skin because of the high vitamin E content.
- **6) RED CABBAGE** It is loaded with vitamin C. One cup of chopped red cabbage has about half of the recommended daily intake of vitamin C, which strengthens the immune system by stimulating the production of white blood cells that fight invading bacteria and infections.
- **7) CARROTS** They help you see in the dark because they are a good source of beta carotene which our bodies make into vitamin A. They are also good for a healthy immune system.
- **8) PARSNIPS** This Christmas food is packed with potassium and folic acid which are important for cardiovascular health. Why not spruce them up with some delicious and healthy honey.
- **9) CLEMENTINES, SATSUMAS, TANGERINES** These are all a great source of vitamin C, and we need enough in our diet to help keep us well for the big day!
- **10) DATES and FIGS** These dried fruits are typically associated with Christmas. Dried figs and dates are great sources of fibre and are excellent finely chopped and added to cereal or porridge. They contain potassium, calcium, iron and magnesium and they count as part of our five a day!

Who would have thought that these classic, delicious Christmas foods could be so good for you. With a little imagination you can easily incorporate these wonderful, traditional foods into Christmas meals, nibbles and snacks safe in the knowledge that you are eating well!

Rob Bullock https://robbullockauthor.blogspot.com



# Building of Willenhall's New Railway Station is Back on Track, Says Mayor Andy Street

West Midlands Mayor Andy Street has assured Willenhall residents that construction of their two new railway station is back on track, after a deal was struck with a new contractor.

Ground preparation works on both the Willenhall and Darlaston railway station sites halted in early October, after the main contractor Buckingham Group went into administration. Now Kier, a leading UK infrastructure group, has taken over the construction contracts.

Mr Street, who leads the West Midlands Combined Authority, said: "I can understand why local residents were frustrated to see work stop on their new stations.

"After many months of work, everything was in place to build these stations and bring passenger services back to these communities.

"For the Buckingham Group staff who were working on stations it was obviously a difficult time too - that's why it's great news that we will see many of them back on site now that we have reached agreement with Kier.

"Most importantly of all for residents right across the West Midlands, this means it's now full steam ahead to deliver these railway stations providing the transport links that local people in Willenhall want."

The new stations will give Willenhall people direct access to the rail network for the first time since the 1960s, offering services to Walsall, Wolverhampton and Birmingham.





Two trains per hour will call at the stations, an hourly service between Walsall and Wolverhampton and an hourly service between Birmingham New Street and Wolverhampton.

Plans are also progressing to reopen a station further down the line, at Aldridge.

Mr Street added: "Creating a world-class public transport system is an important part of our region's plan to achieve net zero by 2041, but projects like these stations will also make a huge difference for the communities they serve.

"It means businesses will be able to relocate along the line, bringing even more opportunities for local people. When we have the stations open, along with car parks and transport links, I think they will become hubs for growth.

"What's more, by getting people out of their cars and onto good quality public transport we are tackling both congestion and the climate change emergency at the same time," he said. Both stations will have two platforms, big enough to accommodate six-carriage trains, as well a pedestrian footbridge, stairs, lifts, ticket machines, drop-off areas.

There will also be a 150-space car park at Willenhall.

Willenhall's original station, which was called Willenhall Market Place, first opened in 1872 but was closed to passengers in 1931. It closed entirely in1965, under the 'Beeching' cuts.

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### WILLOW



Situated approximately one mile from the centre of the market town of Willenhall, and conveniently located between the major centres of Wolverhampton and Walsall, Willow Rose is a brand new purpose built care home that offers state of the art facilities and the highest level of care, as well as a high level of comfort and wellbeing for its residents.

Being part of the Macc Care family, we want Willow Rose to be a home and community that not only staff and residents are proud of, but that is also respected by people in the local community and the surrounding area.

Whether you are looking for a long-term stay, respite or perhaps just a period of convalescence to help a loved one get back on their feet, Willow Rose is able to help you. We can offer you a number of different care options and assist you with advice as to what would best suit your particular needs.

Willow Rose is a home with one aim in mind – to look after you in a warm, compassionate, safe and friendly environment. Everyone at Willow



Rose is dedicated to making sure that your welfare and personal happiness is at the forefront of everything we do.

# Our Manager

Shelly Trotman is the Manager of Willow Rose and is a dedicated nurse with over thirty years' experience in the care sector. She has previously worked with many large healthcare companies in the UK and so she brings a wealth of knowledge to her new role.

Shelly is really excited about the amenities and opportunities that Willow Rose will provide to its residents. She says..

'Willow Rose is a purpose designed quality home, offering the very latest facilities for everyone. We will be able to offer a level of choice and comfort that I believe will be unrivalled in the local area. We can offer dignity and independence to everyone in surroundings that will be the benchmark for all other homes. I am determined that the level of care that we provide will, in every respect, match the beauty of the home's environment'.

If you would like to contact Shelly to talk about care for a loved one, or to arrange a visit to see what the home can offer you, then please do so using the details below.

#### CONTACT

CALL
01922 270920
EMAIL
willowrose.manager@macccare.com
WEBSITE
www.macccare.com/willow-rose
LOCATION
Stroud Avenue, Short Heath,
Willenhall WV12 4ET

### **Events at Willow Rose**

Staff at Willow Rose Care Home are committed to looking after their residents' mental well-being, as well as their physical health. The events team regularly organise activities and visits to stimulate the minds of those in their care.

Leanne Whitehouse, activities coordinator at Willow Rose, said, "At Willow Rose, we've been getting into the spirit of Halloween.

We've been doing lots of arts and crafts – we made chocolate apples and also had a trip the Hollybush Garden Centre to see all their

decorations and to get our pumpkins.

We finished off with a lovely Halloween Party, with singer Becca Gee entertaining our wonderful residents.

In December we have Funtime Theatre coming in to do a Panto – ih yes, we are! – and we're planning a Christmas Fete with a twist!"

Happy Christmas and a Healthy and Prosperous New Year to all our residents and staff.



Please tell the businesses where you saw their advert.

# Willenhall History

A few weeks ago, I met a lovely lady named Joan and she gave me a handwritten account about St Anne's Church, it is a very remarkable story.

In 1848 Willenhall was split into thirteen parishes. Henry Jeavons was a church warden at St Giles at this time, he was a mining agent but also had numerous local business interests, not rich but comfortably well off. One of his interests was in Spring Bank, close to Willenhall Colliery, Henry and his wife Ann lived at Bank Cottage on land which had previously been farmland but the Industrial Revolution changed that, industry needed workers and they needed homes and so the area became very populated, but it lacked education and religion, so Henry got together with John Mitchell and other local people in raising funds for the acquisition of land to do just that. Unfortunately Henry's wife Ann died in 1854 so he decided to build a church in memory of her.



The foundation stone was laid in 1855 and it was to be known as the Episcopal Chapel of St Ann, it was dedicated in 1856. Sometime later Henry Jeavons decided to build a parish church at his own expense, feeling equal to the task of acting as architect himself. However when he wanted to extend, the only land available was on the west side, thus the completed church had what was considered a curious exterior.

The Bentley canal served the local colliery which was next to the site of the church and school, a spur of the canal served the quarry at Pouk Hill Bentley, so the stone could easily be transported to Spring Bank, it was normally used for road making and kerb making, it was durable, inexpensive and on the doorstep, so Dolerite sandstone known locally as Rowley Rag was chosen as the building material. (The quarry was only a stone's throw from the Bentley Fault) The new church St Anne's was consecrated on St Georges Day April 23rd 1861.

St Anne's is the only church ever built from Rowley Ragstone and the only building of any kind to be constructed of Darkstone from the quarry at Pouk Hill. So thanks to Henry Jeavons and his love for his wife, St Anne's Church is Unique. Thank-you so much Joan.



There is a difference to the building of today as there is no steeple, it was removed after the Second World War when in November 1940 an air raid destroyed a number of houses and also damaged the church, twelve people lost their lives on that occasion.

Services 1st and 3rd Sundays of the month at 9.30am.



#### **Society News**

Our History Fair on 23rd September was hugely successful with over 120 people coming through the door. Feedback suggested that visitors and exhibitors alike had a very enjoyable day. We also had a good day at the Wolverhampton's History Fair in October.

On behalf of Willenhall History Society I wish you all a very Merry Christmas and a happy New Year and don't forget we are having some exceptional speakers for 2024.

January 9th Ian Bott Black Country Murders + February 13th Stephan Wild Mounted Police in 1970 + March 12th AGM.

At the Chart Centre, Gomer Street, 7.15pm, non-members £2.50 at the door.

By Liz Ince Keeping our history alive.



### **YOU ARE WELCOME** AT CHURCH THIS CHRISTMAS!





#### 5.00pm

Willenhall Road. Wolverhampton, WV1 2QN

#### 7.00pm

St. Joseph's Catholic Church, St. Joseph's Catholic Church, Church Street. Darlaston, WS10 8DY

#### 11.00pm

Holy Trinity Catholic Church, Oxford Street, Bilston, WV14 0PX

#### Christmas Day

#### 9.00am

St. Mary's Catholic Church, Leveson Street. Willenhall, WV13 1DA

#### 10.30am

Holy Trinity Catholic Church, Oxford Street. Bilston, WV14 0PX

#### Is every one welcome?

Yes, all are welcome. You don't have to be Catholic to come along.

I used to come to Mass but haven't been for a long time! It will simply be great to see you again - no judgement!

Is the building accessible?

Yes.

#### How will I know what's going on?

All the words used will be on a large screen.

Are there washrooms?

Yes, someone will show you where they are.

#### Are Children welcome?

Very much so, don't worry if they make a noise we're used to it!

For more information Tel: 01902 452841 or visit www.stnewmanparish.org



### **Useful Telephone Numbers**

Community Centres	Childline
Bentley Leisure Pavilion01922 616165	National Careers Service 0800 100900
Old Hall People's Partnership 01922 474684	National Domestic Violence 0808 2000 247
Pool Hayes Community Assoc	RSPCA
Sneyd Community Association 01922 710133	RSPB
Willenhall CHART Comm Ctre	Samaritans
Willerman OriArti Commi Cire	
Emergency Services	Places of Worship
Crime Stoppers (anonymous) 0800 555111	Christ Apostolic Church 07495 515317
Electrical emergency 0800 328 1111	Emmanuel, Bentley 01902 633070
Flood line	Furzebank Worship Centre 07758 083282
Gas emergency 0800 111 999	Guru Nanak Sikh Gurdwara 01902 605286
Police/Fire/Ambulance	Holy Trinity, Short Heath 07765 826287
Police (non emergency)101	New Testament Church01902 603885
Water emergency 0800 7834444	Portobello Methodist
	Salvation Army 01902 637732
Health Organisations	Shri Guru Ravidass Temple, Somerford Place
Arthritis Action 0203 781 7120	
Manor Hospital 01922 721172	Short Heath Methodist
New Cross Hospital (switchbrd) 01902 307999	St Anne's, Willenhall01902 410564
NHS non-emergency number 111	St Andrews Church, Bentley 01902 607335
	St Giles Church 01902 473273
Local Councillors	St Mary's, RC Presbytery 01902 452841
Short Heath	St Stephen The Martyr 01902 737793
Poonam Gillnumber not yet available	
Josh Whitehouse07917 072811	Schools
Amandeep Kaur Garcha 07517 561213	Barcroft Primary 01902 368132
Willenhall South	Beacon Primary 01922 710874
Natalie Lathamnumber not yet available	Bentley West Primary 01922 720792
Simran Cheema 07582 335443	County Bridge Primary 01922 720718
Connor Horton 07380 334497	Fibbersley Park Primary 01902 366220
Willenhall North	Jane Lane School 01922 721161
Adam Hicken07949 311432	King Charles Primary 01922 721368
Stacie Elson 07917 095237	Lodge Farm JMI01902 368587
Rob Larden 07927 580732	Lane Head Nursery 01902 368940
	New Invention Infants 01922 710871
Chemists/Pharmacy	New Invention Juniors
Acorn Pharmacy 01902 632129	Old Hall School 01902 368045
Boots01902 605255	Pool Hayes Primary01902 368144
Croft Medical Centre 01902 602999	Pool Hayes Arts & Community 01902 368147
8pm Chemists 01902 633310	Rosedale CE Infants 01902 368910
Harding Pharmacy 01902 602755	Short Heath Juniors
J Docter Bentley 01902 605470	Shepwell School 01902 632719
Lloyds The Square - N/Inv 01922 475098	Stowheath Primary 01902 558820
Lloyds Coppice Farm 01922 712076	St Giles CE Primary 01902 368308
Portobello Pharmacy 01902 630081	St Thomas More RC School 01902 368798
Tesco Owen Rd 01902 489747	Willenhall E-ACT Academy 01902 368221
Vantage Pharmacy 01902 607070	Woodlands Acad. of Learning 01922 710613
	Libraria
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Citizens Advice Bureau 03444 111 444	vviiierii idii



# R

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### **Crossword Answers**

From page 10



The next issue of the

#### Willenhall Life

is out on **26th January** 

# Booking deadline 5th January

If you want to get your message out to approx. 30,000 local people, email willenhalllife@yahoo.co.uk or ring Simon on 07534 603662







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